

Dospatsko (13/8 variant)

(Bulgaria)

Dance named after and from the town of *Dospat*. Dospat is located in the Rhodope Mountain Region just near the border with the ethnographical region of Pirin, Bulgarian Macedonia. The dance contains styling characteristics especially from the Pirin region. Similar versions of this dance are known in Pirin as *Petruna*, also in 13/8 rhythm.

Jaap Leegwater learned this dance from Nina Kavardžikova who researched and recorded it from a folklore group at a local festival in the Rhodope region. The musical accompaniment consists of Svirka (flute) and Tâpan (big drum).

Pronunciation:

Music: Cassette "Folk Dances from Bulgaria" JL1992.01 Side A/2

Meter: 13/8 

Formation: Open circle. Hands held in W-position.

Style: Rodopsko/Pirinsko

Light and jumpy




Bouncy

The men perform the same dance more pronounced while the women make smaller steps without losing the rhythmic temperament and performance.

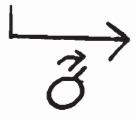
Direction Meas Ct Pattern

INTRODUCTION.

PART I

	1	1-2	Step on R ft.
		3-4	Step on L ft.
		5	Step on R ft.
		6	Step on L ft behind R ft.
	2	1-2	Close R ft with a sharp click against L ft, wt on both ft.
		3-4	Lift R knee and kick R leg down ("Spusek" R), hopping on L ft.
		5-6	Close R ft next to L ft, bending both knees.
	3	1-2	"Spusek" R, hop on L ft.
		3-4	Jump on both ft together in place, bending both knees.
		5	"Spusek" L, at the same time making a low hop on R ft.
		6	Hold in plié.
	4	1-2	Hop on R ft, moving L leg in an arc from fwd—sdwd—bkwd with a straight leg, bending body slightly to the right and fwd (in extending with the moving leg).
		3-4	Step on L ft behind R ft in demi-plié (bending both knees), body leans slightly fwd.
		5	Step on R ft.
		6	Step on L ft behind R ft.

Dospatsko—continued

PART 2

1

1 Step on R ft.

2 Step on L ft behind R ft.

3-4 Leap onto R ft, swinging L up in front.



5 Step on L ft in front of R ft.



2

1-2 Hop on L ft, making a "Spusek" (downward kick) with R ft, moving a little bit across in front of L leg.

3 Hop on L ft, moving R ft in an arc sdwd around.

4 Step on R ft behind L ft.

5 Hop on R ft, turning L heel sdwd out.

6 Close L ft with a sharp click next to R ft.

3-4

Repeat action of meas 3-4 of Part 1.

Note: Each part can be done six times, or alternated as indicated by the first dancer in the line.

© 1992 Jaap Leegwater

Presented by Jaap Leegwater